

# *Upper Wansbeck News*

*Benefice Newsletter  
Of  
St. Andrew's, Bolam,  
St. Andrew's Hartburn,  
St. John's Meldon,  
St. Giles's, Netherwitton  
St. Mary Magdalene, Whalton*



*May/June 2023*

# Who's Who

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**Facebook**

Our page can be accessed via

<https://www.facebook.com/upperwansbeck>

You do not have to be a Facebook member to use this link. Service details, events and news can be found here, and reflections are posted daily.

**Website**

Contains service details news and events

<https://upperwansbeckchurches.weebly.com>

and is administered by Sadie Flanagan

[www.bolamchurch.com](http://www.bolamchurch.com) provides information about the Church and its history

Email [wansbeckchurch64@gmail.com](mailto:wansbeckchurch64@gmail.com)

## *Our Ministry Team*

*Revd. Elaine Jones*



*Mrs Pam Walker -  
Associate Minister*



*Rachel Coundon - Lay Worship Leader*



## *Editor's Note:*



Hello,

Well I'd like to say Spring is here, but judging by the weather we've experienced recently I think we are still waiting!

I've just returned from an amazing holiday touring around Australia, hence the reason for the large gap between the last Newsletter and this one.

I hope everyone has enjoyed a fabulous Coronation weekend and were able to attend a local street party. I like I'm sure many of you did, spent the entire day glued to the TV on the day of the Coronation and loved watching the whole pomp and ceremony. This edition shows the many photographs and street parties which have taken place over the bank holiday weekend.

Note: There is a change in the service patterns across both benefices. This was communicated a few weeks ago, but I've included this again on Page 4 of this edition.

*Roisel*

## *Service Updates from May 2023 in Mitford And Hebron and the Upper Wansbeck Group Of Churches*

From Sunday 7<sup>th</sup> May 2023 there will be some changes in the usual service patterns across both our benefices. There will be a service of Holy Communion every week across our Benefices and a variety of styles of worship to suit all worshipping styles every week. There may be occasional changes to accommodate baptisms or special community events.

**\*Services in Mitford and Hebron will start at 10.00am rather than 9.30am from 7<sup>th</sup> May. \* Services in the Upper Wansbeck Benefice will remain at 10.30am**

- First Sunday: Morning Praise with Holy Communion at Mitford – 10.00am  
Family Service at Bolam – 10.30am  
Holy Communion in Traditional Language at Hartburn – 10.30am
- Second Sunday: BCP Morning Prayer at Mitford – 10.00am  
Celtic Morning Prayer at Hebron – 10.00am  
Holy Communion at Whalton – 10.30am
- Third Sunday : Morning Praise and Worship at Mitford – 10.00am  
Holy Communion at Netherwitton – 10.30am  
BCP Morning Prayer at Whalton – 10.30am
- Fourth Sunday: Café Church at Mitford Village Hall – 10.00am  
Holy Communion at Hebron – 10.00am  
Holy Communion at Bolam – 10.30am  
Sung Evensong at Hartburn – 4.00pm
- Fifth Sunday: Morning Praise at Mitford – 10.00am  
Holy Communion in Traditional Language at Meldon – 10.30am  
Morning Prayer at Netherwitton – 10.30am  
Said Evensong at Hebron – 4.00pm

**Mitford & Hebron**  
St Cutberts,  
Hebron      St Mary  
Magdalene,  
Mitford

**Hartburn with Meldon & Netherwitton**  
St Andrew's,  
Hartburn      St John the  
Baptist,  
Meldon      St Giles,  
Netherwitton

**Bolam with Whalton**  
St Andrew's,  
Bolam      St Mary  
Madalene,  
Whalton

## What's On – May 2023

Thurs 4 <sup>th</sup>	1900-2100	APCM Mitford & Hebron	St Cuthbert's, Hebron
Sun 7 <sup>th</sup>	1000-1100	<b>Commemorative Service for the Coronation</b>	<b>St Mary Magdalene, Mitford</b>
	1030-1130	<b>Commemorative Service for the Coronation</b>	<b>St Andrew's, Hartburn</b>
	1030-1130	<b>Commemorative Service for the Coronation</b>	<b>St Mary Magdalene, Whalton</b>
Weds 9 <sup>th</sup>	1500-1700	Chatty Café Community	The Plough Inn, Mitford
Sun 14 <sup>th</sup>	1000-1100	<b>Holy Communion</b>	<b>St Mary Magdalene, Mitford</b>
	1000-1100	<b>Celtic Morning Prayer</b>	<b>St Cuthbert's, Hebron</b>
	1030-1130	<b>Holy Communion</b>	<b>St Mary Magdalene, Whalton</b>
Weds 17 <sup>th</sup>	1500-1700	Chatty Café Community	The Plough Inn, Mitford
Sun 21 <sup>st</sup>	1000-1100	<b>Morning Praise</b>	<b>St Mary Magdalene, Mitford</b>
	1030-1130	<b>Morning Prayer</b>	<b>St Mary Magdalene, Whalton</b>
	1030-1130	<b>Holy Communion</b>	<b>St Giles, Netherwitton</b>
Mon 22 <sup>nd</sup>	1900-2000	APCM Hartburn	St Andrew's, Hartburn
Weds 24 <sup>th</sup>	1500-1700	Chatty Café Community	The Plough Inn, Mitford
Sun 28 <sup>th</sup>	1000-1100	<b>Holy Communion</b>	<b>St Cuthbert's, Hebron</b>
	1000-1100	<b>Café Church</b>	<b>Mitford Village Hall</b>
	1030-1130	<b>Holy Communion</b>	<b>St Andrew's, Bolam</b>
	1600-1700	<b>Evensong</b>	<b>St Andrew's, Hartburn</b>
Weds 31 <sup>st</sup>	1500-1700	Chatty Café Community	The Plough Inn, Mitford

If your event is not listed please email details for future events to [wansbeckvicarhelp@gmail.com](mailto:wansbeckvicarhelp@gmail.com) by 20<sup>th</sup> of preceding month

## *Message from the Ministry Team*

*By Pam Walker*

The Coronation of King Charles III has taken place. A ceremony steeped in history with much symbolism was tied up in the regalia used.

Here I will mention some of it, remembering that nearly all needed to be remade for King Charles II's coronation in 1661, after the originals had been melted down or broken up in 1649. All that remains from the first set is the Anointing Spoon. It acts as a bridge to ancient items, which were regarded as relics of St Edward as well as coronation ornaments.

And St Edward's Crown is indeed named after Edward the confessor. The cross at the top signifying we are all subject to a higher authority.

The King was also presented with two sceptres.

The Sovereign's Sceptre with Cross represents temporal power and the rod of equity and peace is surmounted by a dove representing the Holy Spirit

The Orb is probably an elaborated form of the Greek akakia. Which was as a cylindrical purple silk roll containing dust, held by the Byzantine emperors during ceremonies, and symbolizing the mortal nature of all men. Nevertheless, it represents the Sovereign's power, under the cross, under Christ, and it symbolises the Christian world, with its cross mounted on a globe, and the bands of jewels dividing it up into three sections represent the three continents known in medieval times.

There are five Swords borne and used during the Coronation rite. They have chivalric overtones, but their use certainly dates from before the Conquest, to pre-Christian Saxon rites.

Four are carried before the monarch into the Abbey: The Sword of State, which is used for other subsequent occasions during the Monarch's reign, notably the State Opening of Parliament; the blunt Sword of Mercy the Sword of Spiritual Justice; and the Sword of Temporal Justice. The final sword.

All weapons of war whose purpose has been subverted to emphasise God's peace, mercy, justice, and goodness.

Finally, the Jewelled Sword of Offering, made in 1821 for the Coronation of George IV, was accompanied by this prayer

"Receive this Kingly Sword. May it be to you, and to all who witness these things, a sign and symbol not of judgement, but of justice; not of might, but of mercy. . ."

## *Message from the Ministry Team*

*By Pam Walker cont.*

“With this sword do justice, stop the growth of iniquity, protect the holy Church of God and all people of goodwill, help and defend widows and orphans, restore the things that gone to decay, maintain the things that are restored, punish and reform what is amiss, and confirm what is in good order. . . ,

These, the very words associated with the regalia used in the coronation, peace, justice, mercy, equity, are those that model Kingship on the life of Christ, the King of Kings, to whose authority we all subject and whom we are called to model ourselves.



## *From the Registers*



### **Baptisms:**

Nothing to add.



### **Weddings:**

Nothing to add.



### **Funerals:**

Nothing to add.

# Ogle Coronation Party

The village of Ogle held its' Coronation Party on Monday 8<sup>th</sup> May and thankfully it was held indoors as Monday was a bit of a wash out.

Thanks to Bo Boanas for hosting the party in Ogle Castle.

There was lots of food and beautiful cakes and the Coronation Cake which was made by Pat Folkard.

Thank you to everyone who all made a contribution to the fabulous day we all had celebrating the Coronation of King Charles III.



# Pictures from the Ogle Coronation Party



# Whalton Coronation Party

**Whalton celebrates the Coronation of King Charles III  
Sunday 7<sup>th</sup> May 2023**



To mark this auspicious occasion, Whalton held a day full of events. It began with a family service in St Mary Magdalene's Church with the congregation processing to the Village Hall after the service for a blessing and prayer led by Rev. Elaine.



Decked inside and out with red, white and blue bunting, flowers, and flags, Whalton's Village Hall looked splendid and the magnificent pink cherry tree in full bloom at its front enhanced the scene further.



The children had made crowns at School the previous Thursday and came dressed in coronation colours too for competitions that included Best Crown and Best Dressed in Red, White and Blue. Lady Renwick presented them all with Coronation medals and they processed round and round the grass at the front. We were so lucky to have lovely weather.

# Whalton Coronation Party Cont.

It was then into the Hall to find places for lunch. Women of Whalton WI had made a fabulous array of table requisites and decorations including specially wrapped 'favours', painted bottles, and 'stained glass' paper crowns and King Charles' Coronation emblem on the windows. Whalton Primary school children had made some very lovely white paper bunting using their handprints in blue or red paint strung on red and blue ribbon. Children at P.A.W.S. had made pom poms, and Whalton Gardening Club provided vases of fresh red, white and blue flowers.



Jim Grant told stories of Kings and Queens and then lunch of Coronation Chicken, generously provided by the Beresford Arms, was served with salad and baked potatoes. Donations of trifles and other puddings completed a delicious lunch.

The storyteller continued to entertain the children and then the Bubble Whisperer arrived. Originally intended as fun for the children, his bubbles were so multitudinous, extraordinary,

and magnificent in the sun on the outside terrace, that a great many adults joined the fun out there.

Coronation Cake, a concoction of lemon sponge decorated with the Union Jack made from piped cream, raspberries, and blueberries, was cut by Dame Margaret Barbour; Sir Richard Renwick proposed the Loyal Toast to King Charles III, and everyone sang a hearty rendition of the National Anthem.



There was a very well supported raffle and the opportunity to purchase special souvenir tea towels. Each child at Whalton School had drawn a picture of King Charles III which had been printed onto cotton with the Coronation emblem (see picture). There are still a few of these to purchase if you would like to own this unique souvenir.

## Whalton Coronation Party Cont.

Pat and Billy Grix brought along some fascinating archive material of Whalton's previous Coronation celebrations in 1953. Many people enjoyed looking through them.

The small group of ladies responsible for planning and organising the day are extremely grateful for the generosity of the Northumberland County Council Community Fund, the Beresford Arms, Dame Margaret Barbour, Whalton Village Hall, Women of Whalton WI, Whalton Gardening Club, Whalton C of E Primary School, P.A.W.S, Whalton PCC, Sir Richard and Lady Renwick, Jim Grant, Pat and Billy Grix, and Julian and Sara Sutton.

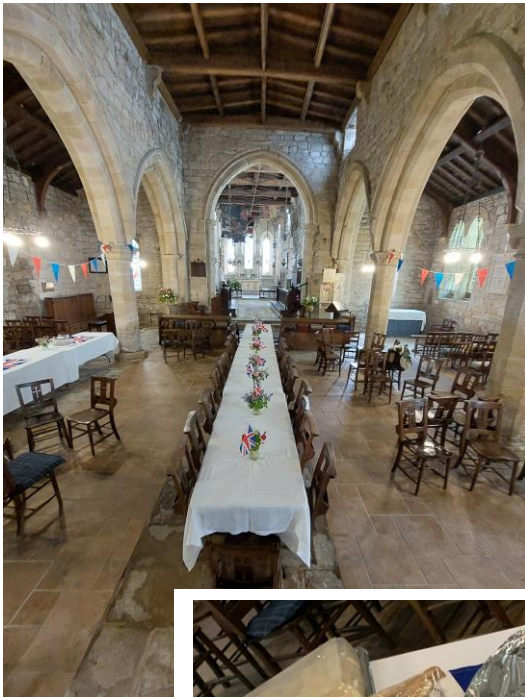
We should not end this chapter in the history of the parish without recording that it was the last event that Julian and Sara Sutton will attend as residents of the Old Rectory in Whalton. After more than 60 years in the village, Julian and Sara are moving south to Berkshire to be closer to their family. We wish them well and thank them for their commitment and endeavours to support village life throughout their time here.

Thank you to everyone who made it a special day to remember and to the ladies who organised the day: Dawn Briggs, Sally Hobson, Emma Nevin, Rachel Shayler, Kristina Straughan, and Lucy Bird.

# Hartburn Coronation Party

The Hartburn Community Project held a Big Lunch for the Coronation on Sunday at St Andrews Church. There was a great turn-out for His Majesty and the sun shone (briefly) so we could all have a glass of rose outside to kick things off.

A big spread was provided including sandwiches, cakes and scones as well as the Official Coronation Quiche which we thought was actually really quite nice after all! Thank you everyone who came and made it such a jolly celebration for such an important event.



*Photo Puzzle*  
*From Jim Grant*

Congratulations to all of you who spotted that the photo was of Dunstanburgh Castle, about half way from Craster.



Fame and glory to [David Moon](#), who was first, and very quick, to send in the answer.



Here's the new one!

Answers to: [storiesfromjim@gmail.com](mailto:storiesfromjim@gmail.com)  
It's in Northumberland!

Do send a photo of your own in sometime- but don't tell anyone.

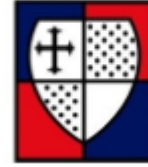




Belsay School



Belsay School



## News from Belsay School Summer Newsletter

### Reception



It has been lovely to be back together again after a long Easter break. Everyone has come back very refreshed and with lots of family memories. It has been lovely hearing all of the wonderful things everyone has been up to in the holidays.

This term we are focusing on the story Supertato. In this story an evil pea is on the loose. Supertato has to try and stop him before he causes mayhem in the kitchen! We love this story in Reception. We have thought about what makes us superheroes, we thought about how we are kind, helpful, fast and polite. All of these are qualities that real life superheroes have. We have completed lots of estimation work, measured the different fruits and vegetables using cubes. Before we did this we estimated how long we thought each one would be. It was lovely to see the children having a sensible guess.

### Value of the month: Confidence

The children are excited about this month's school value: Confidence. Our children at Belsay are always full of confidence. Confidence means believing in yourself and knowing you can achieve the things you set out to do.





## *News from Belsay School* *Summer Newsletter Cont.*

### King's Coronation



As part of the King's Coronation we took part in a drama workshop where we were able to show off our confidence and also our drama skills and teachers were so impressed with how involved everyone was throughout. We have also created our own royal crowns to wear whilst reading different books about the King (our favourite being the King's Pants).



### Our Summer Term



The Summer term is always a very busy one. We have an exciting trip to Belsay Castle planned for the whole school. We always enjoy visiting and hopefully they will still have the slide for us to use! Year 6 will be heading to St

Omer in France with over 100 other children from our Pele Trust primary schools and this is a wonderful opportunity for us to make new friends ahead of going to high school in September.

### A joke

What did one toilet say to the other? You look a little flushed!





## *News from Whalton Church of England Primary School*

We have been busy at Whalton Church of England Aided Primary School over the past few months. Here are some of our highlights!

### Coronation

The children celebrated the coronation of King Charles III here at Whalton. We were joined by friends and family to sing songs, take part in some traditional sports and decorate our own crowns. Bunting was also made, which was used at the Whalton Village Coronation Lunch! God save the King!



### Easter Service



We enjoyed our Easter service, in the Church of St Mary's Magdalene. The children performed the Sonflower for the congregation. A wonderful reminder of why Easter is such an important time of the year.

### Lego

The children in years 4, 5 and 6 worked hard and were able to compete in the First Lego League. This is a computing competition for 9-16 year olds. Children have to program a robot to complete various 'missions'. They were all fantastic and have learnt so much during this event!





## *News from Whalton Church of England Primary School* *Cont .*

### **Multi-skills**

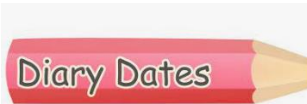
At the end of March, the Year 2 & 3 children (Class 2), visited Ponteland High School to take part in a fun multi-skills sports event. Along with pupils from a number of other local schools, the children were given the chance to try a number of sports including skipping, basketball and football. Boxing was by far the most popular sport on offer, and the girls in Year 2 particularly enjoyed wearing proper boxing gloves! Many thanks to Mrs Lee-Turner and the student volunteers at Ponteland High School for organising the event.

### **Science Club**

This Summer Term, many of our children have opted to take part in our Science after school club in the hopes of earning a CREST Star Award. Star Awards are a great introduction to problem-solving in STEM. They offer children the opportunity to learn through hands-on challenges that focus on their everyday lives.

### **Robinwood**

Finally, our Year 4 and 5 children are currently having a fantastic time at Robinwood. We will update you on all the fantastic things they have done next time!



## *PCC Meeting Dates*

### **Bolam**

Monday 10 <sup>th</sup> July	19:30 – 21:30
Monday 2 <sup>nd</sup> October	19:30 – 21:30

### **Whalton**

Tuesday 11 <sup>th</sup> July	19:00
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### **Netherwitton**

Tuesday 18 <sup>th</sup> July	18:00
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### **Hartburn and Meldon**

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### **Mitford & Hebron**

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Diary Dates



**The Da Vinci String Quartet  
With members of the Northern Sinfonia**

**On Sunday 9th July 2023 at 7pm  
In Hartburn Church**

Including excerpts from Handel's Water Music a quartet by Mozart and Dvorak "American Quartet".

**Tickets are £25 to include a glass of prosecco and  
homemade canapes .**



**Please book early to avoid disappointment.**

**RSVP: [annamcgowan@btinternet.com](mailto:annamcgowan@btinternet.com)**



## Capheaton Hall Gardens

Open on **Saturday 1st** and **Sunday 2nd July**  
**Entry from 10am to 4pm**  
by pre-booked tickets from [ngs.org.uk](http://ngs.org.uk)



Stalls of Plants and Home-baking

Walled Kitchen Garden; traditional and unusual fruit and vegetable production; annual and perennial borders; Victorian glasshouse and conservatory; 18<sup>th</sup> century folly; sweeping lawns and parkland; new features and areas of planting.

Admission £10 Children free  
Dogs on leads welcome

[www.capheatonhall.co.uk](http://www.capheatonhall.co.uk)

Diary Dates



Afternoon tea will be provided.





Diary Dates

The logo for "let's do lunch" features the words "let's do" in a green, lowercase, sans-serif font, and "lunch" in a large, blue, lowercase, serif font.

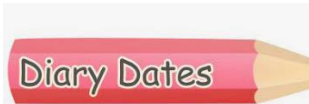
*Hartburn Community Lunches*  
*Hartburn Church*

**Tuesday 13<sup>th</sup> June – 12:30 pm at Hartburn Church - £6.00**

**Tuesday 11<sup>th</sup> July – 12:30 pm at Hartburn Church - £6.00**

**Contact Pooh Stafford to book – [poohstafford@btinternet.com](mailto:poohstafford@btinternet.com)**

**Phone: 01670 772313**



## WHALTON VILLAGE HALL - WHAT'S ON JUNE & JULY 2023

### MONDAY

**Jewel in the Lotus Yoga (Evening) Not Bank Holiday Mondays.** Open to everyone. For all classes, booking required, please bring your own Yoga mat. Contact Debbie on 07812 124888.

**Whist 7.00pm** – Everyone welcome, just turn up on the night to have some fun or contact Karen on 07974405178 for more information.

### TUESDAY

**Morpeth Art Group 10am-2pm** – For further details visit the Morpeth Art Group Website on: [www.magart.org.uk](http://www.magart.org.uk)

**Gardening Club (1<sup>st</sup> Tuesday of the month)**

Mixture of external visits, practical sessions and speakers – contact Anna Sill 01670 775375

### WEDNESDAY

**Seniors keep fit 9.30am** – Contact Olaronke Ashiru-Gbadebo at [tokunbogbadebo@gmail.com](mailto:tokunbogbadebo@gmail.com) or just turn up on the day.

**Chiropodist June 28<sup>th</sup> 1pm onwards** - To book an appointment call Joanne Leiper on 07890322719

### THURSDAY

**Post Office 9:15am – 10:45am** – In the Bar Room. Post parcels and letters, withdraw cash, pay bills and all the usual things that you do in a Post Office.

**Whalton Toddlers 9.30am till 11.30am.** Contact Amy on 07791945678 or [facebook@whaltontoddlers](https://www.facebook.com/whaltontoddlers) to book or just turn up on the day.

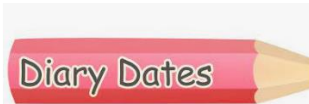


**Kirkley Carvers 1pm – 3pm** – Join this mixed gender group of self-taught hand tool woodwork enthusiasts always happy to welcome anyone interested in fashioning something out of a piece of timber. Please contact Bob 01912671930

**Whalton WI 7pm (3<sup>rd</sup> Thursday of the month)** - For more information and details on joining contact Emma on 07946217623

### **FRIDAY**

**Jewel in the Lotus Yoga 9:00am – 10:30am** Booking required & please bring your own Yoga mat. Contact Debbie on: Tel: 07812 124888



## *WHALTON VILLAGE HALL - Events for you Diary*

**13<sup>th</sup> June - Whalton Village Hall AGM – 7pm, open to all.**

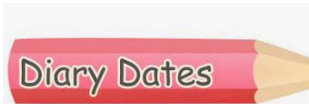
**4<sup>th</sup> July - Ba'al Fire and Kern Baby celebrations 6pm onwards.**

**12<sup>th</sup> July - 2-4pm Workshop exploring the alchemy of using iron salts and sunlight to create beautiful blueprints of natural patterns.**

If you are interested, please visit [www.whiteoakstudios.org/workshops.html](http://www.whiteoakstudios.org/workshops.html) or contact Chris Woodcock on 07737518867 or email: [chrisfromwhiteoakstudios@gmail.com](mailto:chrisfromwhiteoakstudios@gmail.com) to find out more and book a place. Tickets are £20 with all materials provided.

**Sound Bath. 25<sup>th</sup> June and 30<sup>th</sup> July 7-8pm.** For further information and to book a place visit [www.soundroomhealing.co.uk](http://www.soundroomhealing.co.uk)

**If you require any further information please contact Linda Willis on 07856 176358 or Email: [bookings@whaltonvillage.org.uk](mailto:bookings@whaltonvillage.org.uk)**



**26<sup>th</sup> March & 23<sup>rd</sup> April. Sound Bath. 7pm-8pm** - Enjoy this deeply relaxing meditative experience surrounded by gongs, singing bowls, chimes and other instruments. To book a place and further information available at <https://soundroomhealing.co.uk>

**22<sup>nd</sup> April. Night of Music with the NRC (Northern Railroad Collective) & Rick and Yiota. 7pm onwards.** A fundraising event to help support the groups and regular users of the Hall. Live music with pie supper (Tickets £12). Advance bookings only by calling Linda on 07792021658 or Andrew on 07891403379

**30th April. The Tin Shed – Art Fair 10.30- 4pm.** Free entry. For further details visit [www.thetinshed.co.uk](http://www.thetinshed.co.uk)

**6<sup>th</sup> May.** Whalton Village will be celebrating the King's Coronation with a community event held at the Hall over the Bank Holiday weekend. More details will be given once the event has been finalised.

**If you require any further information please contact Linda Willis on 07856 176358 or Email: [bookings@whaltonvillage.org.uk](mailto:bookings@whaltonvillage.org.uk)**

**Sound Bath**  
**Whalton Village Hall**  
Sunday 21st May 2023  
7-8pm



**£15 per person**

**If you have never tried a Sound Bath before it's a deeply relaxing and meditative experience where you are "bathed" in the sound waves produced by Gongs and Singing bowls, Chimes and other instruments.**

**All you need to do is bring a yoga mat, blankets, pillows and a bottle of water. Close your eyes and relax.**

**For further information and to book a place please visit the website**

**[www.soundroomhealing.co.uk](http://www.soundroomhealing.co.uk)**

**[www.soundroomhealing.co.uk](http://www.soundroomhealing.co.uk)**

## *Bolam Church Grounds Tidy Up and Bonfire Social*



### **BOLAM CHURCH GROUNDS TIDY UP , BONFIRE, SOCIAL.**

The next date is Saturday May 20th All welcome from 2pm to help cut back, chop down, pull up and generally tidy our beautiful church yard. Bring your gloves and tools. Refreshments provided at the fire from about 4pm. Children welcome with their adults, as always. Any questions to Jim Grant 01670 772302 or email [storiesfromjim@gmail.com](mailto:storiesfromjim@gmail.com)



## Wallington Demesne Parish Council

The next meeting will be held on Monday 24<sup>th</sup> July 2023  
commencing at 7:30 pm in Cambo Village Hall.

Members of the public are welcome to attend and raise any  
matters.





## Useful Contacts

The below contacts in this edition have been provided by Jim Grant



Oil users might like to join the Bolam Oil Group, used by many in our parishes, to get discounts on the usual price from the oil suppliers. Often about 5p per litre less than the advertised prices, thanks to the bulk deliveries discount. Email: [Bolamoilgroup@outlook.com](mailto:Bolamoilgroup@outlook.com) for more details.



Support your local young musicians! The Primary schools which feed into Ponteland High School, eg: Belsay, provide the young musicians who grow into the Ceilidh Band “Whistling Sheep”, who have recently played for 3 weddings and a Harvest event! Do support them if you can by booking them for a Ceilidh sometime. See [www.whistlinghseep.com](http://www.whistlinghseep.com) and on facebook @whisling sheep for more details and contacts. Thank you!



## Yoga Classes In Cambo & Middleton



Find balance, calm & inner peace

And at the same time build strength and flexibility



Monday Evenings 7:00pm Middleton Village Hall

Thursday Evenings 7:00pm Cambo Village Hall

All classes £8.00 P.A.Y.G

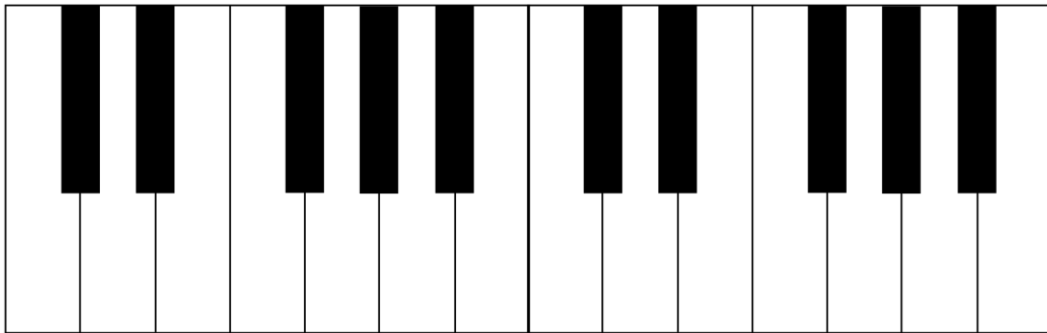
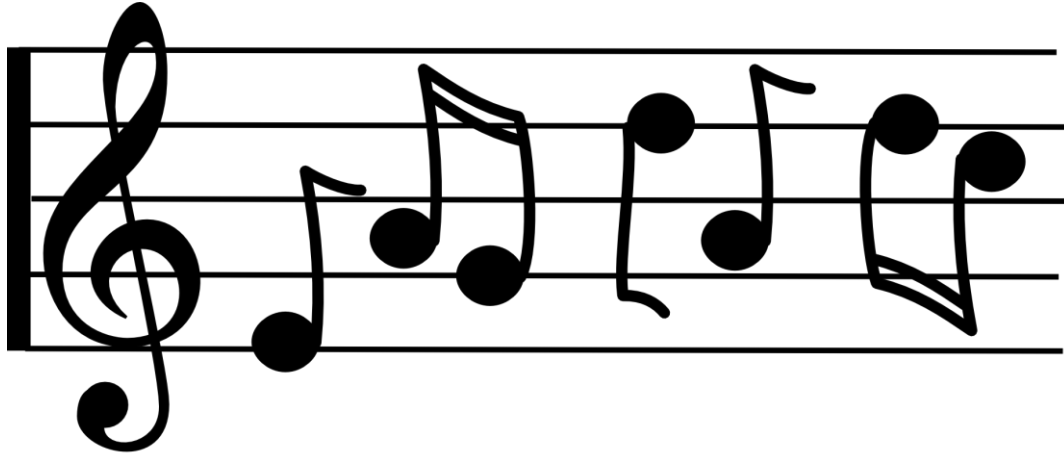


For more information or to book a place contact John Moat

Mobile:- 07864076923 Email:- [yogavisava@gmail.com](mailto:yogavisava@gmail.com)



*Come and Play*



**Come and play .....** can you tinkle the ivories on piano, keyboard or organ, or know someone who can? We hope more people would like to play for services regularly or occasionally in church. If you might be interested, please contact Pam Walker 01670 772301, Lucy Bird (07808 490004) or Wendy Sheldon (01670 775385).



## **SUPPORT THE AIR AMBULANCE**

**They collect**

**Clothes Shoes Handbags Belts Books Curtains  
Towels**

**And you can arrange collection**

**if you ring**

**01325 308139**

***No bric a brac and no duvets***

Deadline for the next Newsletter Submissions is 10<sup>th</sup> July 2023

All future newsletter articles please email to:

[roisel@btinternet.com](mailto:roisel@btinternet.com)

The Newsletter has been checked and verified by the Ministry  
Team